**General Notes:**

The purpose of this hike plan is to assist a Scout in the planning of an Adventurer Level Journey. Scouts can prepare a journey on this template or just use the sub headings in their own plan, be it a word document, power point, or whatever.

**Notes for the Scout preparing this Plan:**

Your plan should be presented to Troop Council for approval. It’s a great idea to run your plan past your Scout leaders for suggestions before presenting it to Troop Council. Every Scout wishing to be assessed for their Adventurer journey should prepare their own hike plan.

## Planned Date of Journey / Hike

|  |
| --- |
|  / / to / /  |

## Outline of Journey

|  |
| --- |
| Start Point:  |
| Overnight Camps:  |
| Finish Point:  |

*Brief outline of your Journey. You will get into more details further into the plan.*

## Name of Scout Leading the Journey / Hike and Preparing this Plan

|  |
| --- |
|   |

*If more than one Scout is being assessed for their Adventurer journey, include planned hand over times and or locations from above Outline*

## Number Attending

|  |
| --- |
| Scouts: Supporting Leaders (if any):  |

## Names of Participants

|  |
| --- |
| Scouts: Supporting Leaders:  |

## Transport Arrangements

|  |
| --- |
| To Start point:  From Finish point:   |

*Should include where you plan to leave from. Start time and time of return to Finish point. How many cars do you need?
You may wish to include a petrol budget. If public transport is used, include cost of tickets, train, bus or tram times and back up times if planned transport is missed*

## Journey Details

Map to be used:

**Attach an “outline” Map of your planned route**

Contour Intervals shown on Map:

Magnetic Declination shown on Map:
 Deg: Min: Seconds

Use Naismith’s Rule in preparing the following Table.

Allow 5km/h for easy going, 3km/h easy scrambling & 2.5 km/h for steady climbing.

Allow 6.5 km/h for steady downhill. Add 1 hour for every hour after 5 hours for fatigue

| Stage | Grid Ref | Distance in Km covered | Running total | Estimated time of stage HH:MM | Remarks |
| --- | --- | --- | --- | --- | --- |
| Km | i.e. start point, planned breaks, water points, camp, etc. |
|   |   |   |   |   |   |
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*Everything listed in your Outline should be included as a “Stage” include planned Breaks. You should also include change of hike leadership if required.*

Any other References used, e.g. Maps, books, website, etc.

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## Required Hiking or Camping Permits

| **From Whom** | **Cost** |
| --- | --- |
|   | $  |
|   | $  |

## *Do you need a Hiking or Camping permit for the area or location you plan to hike or Camp?*

## ScoutSafe Plan

Your Scout Leader is required to create a ScoutSafe Plan for your journey. In order to be able to do this, your Leader needs your input as the Leader of this journey. Below is the starting point for the ScoutSafe Plan. Please list some things that you think could go wrong and what you should do to prevent them happening or to address them if they were to occur. These preventative items may also include skill preparation before the hike. One Risk has been given to get you started but there are more than this, so now it’s over to you to add others.

| **Risk** | **Prevention / Solution** |
| --- | --- |
| Becoming lost | * **All members have prior experience in outdoor navigation with a map and compass, with Hike Leader (Scout leading journey being more experienced**
*
 |
|   | *
 |
|   | *
 |
|   | *
 |
|   | *
 |
|   | *
 |

*You might even include the colour of your hike packs to aid a search.*

## Emergency Contacts

| **Who** | **Name & Phone Number** (include home and mobile numbers if applicable) |
| --- | --- |
| Police/Ambulance/Fire Brigade | 000 or 112 from a mobile, regardless of your carrier |
| Scout Leader support during hike |   |
| Scout Leader at home |   |
| Group Leader |   |
| Parents of Scouts |   |
|   |   |
|   |   |
|   |   |
|   |   |
|   |   |

## Menu

| **Meal***Day 1 Breakfast, etc.* | **Serve size** | **Comments***May include who if having shared meal* |
| --- | --- | --- |
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## Any Special Personal Equipment planned to be carried?

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| --- |
|   |
|   |
|   |

*E.g. EPIRB, 2 Way Radio, Mobile phone. Please note: In some more remote areas, Mobile Phones boost their output up to stay in range. This can flatten the battery in a far shorter time than normal.*

## Shared Equipment

|  |  |  |
| --- | --- | --- |
| Item | Part | Who |
|   |   |   |
|   |   |   |
|   |   |   |
|   |   |   |
|   |   |   |

*i.e. Who is carrying what part of each tent, stove, food, etc.? You may need to reassess allocations when all pack sizes and weights are known. Good to plan in advance if possible, so you know how much space you need to keep.*

**All participants must provide a health form prior to commencing the hike.**

Check with each hike participant so you are fully aware of any health or dietary considerations that may impact on this journey / hike plan.

### Troop Council Approval

### On completion, this hike plan must be presented to your Troop Council for approval.

|  |  |  |
| --- | --- | --- |
| **Who** | **Chairperson** | **Date** |
| Troop Council Approved |   |   |

**Scout Leader Endorsement**

|  |  |  |
| --- | --- | --- |
| **Scout Leader’s Name** | **Position** | **Date** |
|   |   |   |

Scout Leaders, by signing this document you are confirming that your Troops Council has reviewed this hike plan and that they are happy for the hike to go ahead.